

BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS
AND
THE LIBERTY ROAD RECREATION AND PARKS COUNCIL
PRESENT

TRIMNASTICS

**FLOOR EXERCISES, CARDIOVASCULAR STEPPING,
RESISTANCE TRAINING**

WHERE

CAMPFIELD EARLY CHILDHOOD CENTER
6834 NORTH ALTER STREET
BALTIMORE, MD

REGISTRATION

ONGOING AND ON SITE
OPEN ENROLLMENT AT SIX-WEEK INTERVALS
(YOU CAN JOIN AT ANY TIME)
BEGINNING OCTOBER 6, 2008 TO JUNE 10, 2009
FROM 6:30P.M. UNTIL 7:30P.M.

COST

\$20.00 - ONE CLASS PER WEEK FOR SIX WEEKS
\$30.00 - TWO CLASSES PER WEEK FOR SIX WEEKS
CLASS MEETS MONDAY AND WEDNESDAY

5 LB. HAND WEIGHTS ARE NEEDED FOR EXERCISE CLASS

INSTRUCTOR

MS. GREER GRIFFIN

**During inclement weather, we follow the Baltimore County Public Schools closing schedule.
For more information, please call the Liberty Road Recreation and Parks Office at
(410) 887-0700**

Should you require special accommodations (i.e. sign language interpreter, large print etc.) please give as much notice as possible by calling the Therapeutic Office at (410) 887-5370(voice) or (410) 887-5319(TT/deaf)

